

## EVENT DESCRIPTION SHEET

*(To be filled in and uploaded as deliverable in the Portal Grant Management System, at the due date foreseen in the system.)*

 *Please provide one sheet per event (one event = one workpackage = one lump sum).*

|                                  |                              |
|----------------------------------|------------------------------|
| <b>PROJECT 101091116</b>         |                              |
| <b>Participant:</b>              | Buy Responsibly Foundation   |
| <b>PIC number:</b>               | 940972945                    |
| <b>Project name and acronym:</b> | My Resistance – My Democracy |

| EVENT DESCRIPTION   |  |
|---|--|
| <b>Event number:</b>  | WP3  |
| <b>Event name:</b>  | 4 LOCAL WORKSHOPS PL   |
| <b>Type:</b>  | workshop   |
| <b>In situ/online:</b>  | in-situ  |
| <b>Location:</b>  | Poland, Piekary Slaskie, Krakow, Piekary Slaskie   |
| <b>Date(s):</b>   | 20.06.2023, 10.05.2023, 26.05.2023   |
| <b>Website(s) (if any):</b>   | <a href="https://ekonsument.pl/s440_my_resistance.html">https://ekonsument.pl/s440_my_resistance.html</a><br>Uzupełnić Participating school homepages :<br><a href="https://liceum.palotyni.edu.pl/">https://liceum.palotyni.edu.pl/</a><br>Youth center : <a href="http://mdk2.piekary.pl/">http://mdk2.piekary.pl/</a><br><a href="https://azs.piekary.pl/">https://azs.piekary.pl/</a><br><a href="https://www.zs-1.edu.pl/">https://www.zs-1.edu.pl/</a> |
| <b>Participants</b>   |  |
| Female:   | 24   |
| Male:   | 40   |
| Non-binary:   |  |
| From Poland (several people of Ukrainian descent)                   | 64   |
| Total number of participants:                                       | 64   |
| From total number of countries:                                     | 1  |
| <b>Description</b>  |  |
| <i>Provide a short description of the event and its activities.</i> |  |
|   |  |



## My Resistance – My Democracy

Międzynarodowy projekt My Resistance ma na celu integrację młodzieży z Polski, Słowenii, Austrii i Włoch, zachęcenie młodzieży do zgłębienia zagadnień związanych z wolnością, demokracją, postawą obywatelską a zarazem ostrzeżenie przed faszyzmem i totalitaryzmem.

Młodzież będzie mogła omówić aktualne tematy związane z ekologią i tematami społecznymi oraz przygotować postulaty zmian, które w postaci młodzieżowego manifestu będą przekazane pod koniec projektu w ręce europarlamentarzystów podczas spotkania w Brukseli.

Uczestnictwo w projekcie wybranych osób to:

- udział w Krajowej Konferencji Młodzieżowej w Krakowie (czerwiec)
- udział w Międzynarodowej Konferencji Młodzieżowej w Bolonii (październik)
- udział w Międzynarodowej Konferencji Młodzieżowej w Krakowie (marzec 2024)
- spotkanie z europarlamentarzystami przy okrągłym stole w Brukseli (maj 2024)

Koszty związane z wyjazdami są refundowane (transport, nocleg, wyżywienie)

Spotkania międzynarodowe będą się odbywać w języku angielskim. Projekt na poziomie międzynarodowym jest koordynowany przez organizację Sudwind.

Partnerem projektu w Polsce jest Fundacja Kupuj Odpowiedzialnie, której siedziba mieści się w Krakowie przy ul. Sławkowskiej 12

Kontakt: Maciej Skinderowicz, [maciej@ekonsument.pl](mailto:maciej@ekonsument.pl), 799123093



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We organized three workshops. The first and third in a high school with cooperation youth cultural center in Piekary Slaskie, the second in a Krakow high school. Youth were 15-17 years old.

At the introduction we had a discussion of what resistance is. A question for young people if they know examples of the resistance movement from history. There were Polish examples of the Home Army (Armia Krajowa), Solidarity (Solidarność) and, from contemporary examples, the National Women's Strike (Ogólnopolski Strajk Kobiet) and the Youth Climate Strike. (Młodzieżowy Strajk Klimatyczny - Fridays for future). As an example of passive resistance, we spoke of Mahatma Gandhi.



We also talked about forms of discrimination, exclusion and extreme versions of nationalism, totalitarianism and fascism.



In the discussion, we compared the resistance to today's civil actions such as the fight for gender equality, for LGBT rights, for a clean environment and for the climate.

In the next point, we discussed the photos and graphics from the presentation. They raised topics related to holistic thinking, social topics, tolerance and LGBT, ecology, climate. In the second part of the workshop, young people worked in groups on demands. We did it using the word cafe method.

Below are examples of graphics encouraging discussion. They referred to the Sustainable Development Goals. Some little tongue in cheek.







At the end, the young people presented the results of their work.







Four topics with youth demands: education, environmental protection, social issue, health care. The most important postulates that the youth chose to present are:

### **Education**

- Reducing the number of teaching hours.
- More practical knowledge, preparing for adult life.
- Pay increase for teachers.
- Recognition of students' talents by teachers.
- Food provision at school for all students.
- Create interest groups.

### **Environmental protection**

- Reduction of plastic packaging. Use of compostable packaging and glass.
- Reducing the use of pesticides.
- Liquidation of industrial animal husbandry.
- Promotion of collective transport and bicycles. Fast fashion restriction.
- Stop hunting wild animals.
- Workshops on ecological consumption in schools.

### **Social issues**

- Easier access to psychological counseling centers in the city and at school.
- Promoting increased empathy in society.
- Separation of church and state.
- Equality for LGBTQ+ - partnerships.
- Assistance in the assimilation of foreigners.
- Adaptation of facilities for people with disabilities.
- Education about exclusion.

### **Health care**

- Promotion of a healthy lifestyle - diet, sport.
- Awareness about various, new addictions (video games, social media, pornography).
- Reduction of hazardous chemicals in the environment and in food.
- Easy access to good doctors and psychologists.

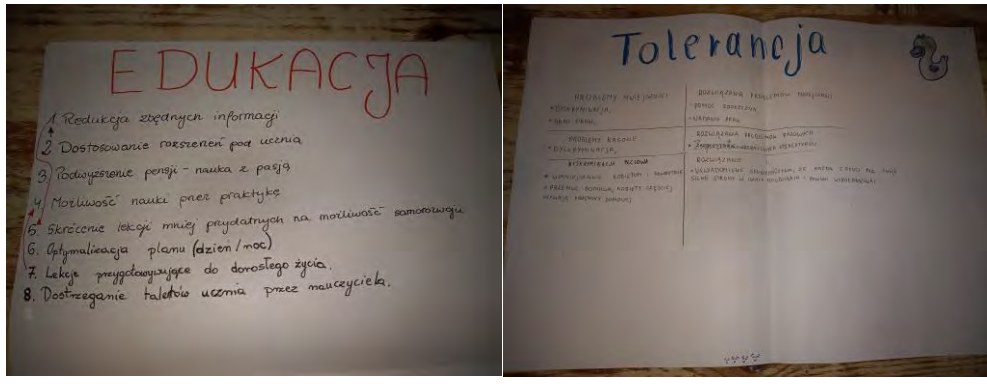
Legalization of medical marijuana.

Simplified procedure to a specialist.

Investments in hospitals in poor countries of the global south.

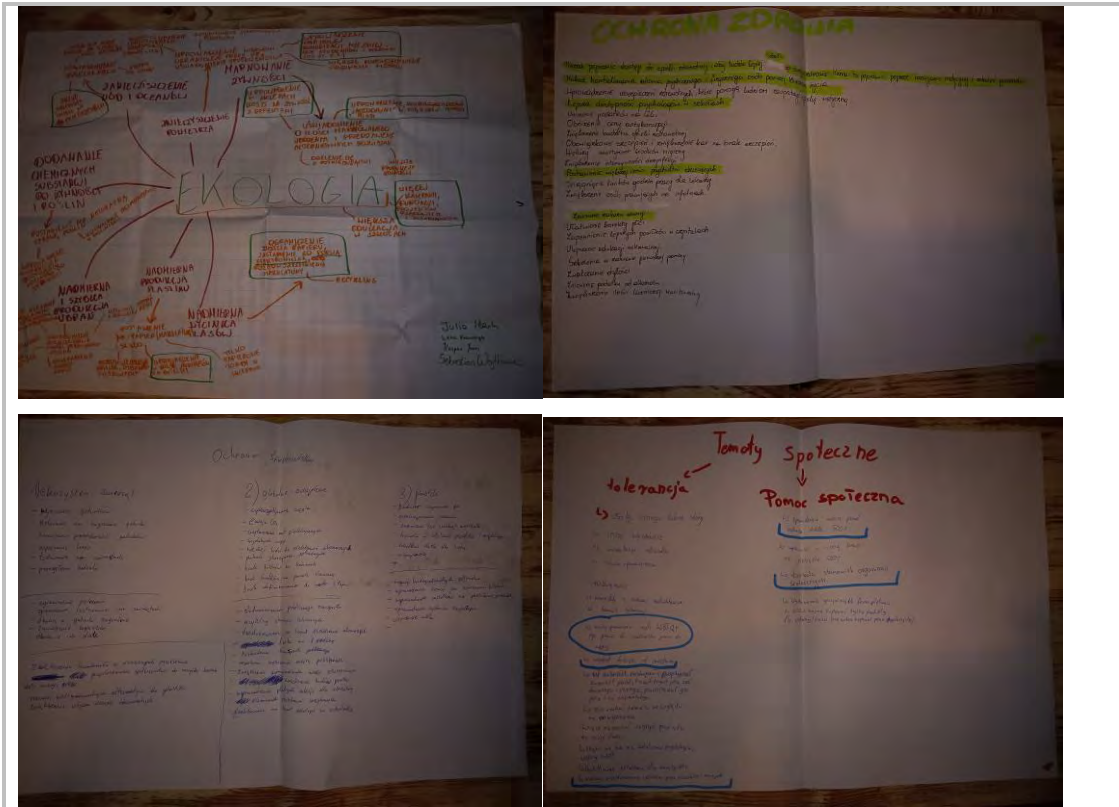
Greater access to contraception and the possibility of legal abortion.

Better sex education.









**Evaluation cards**

Three workshop meetings were held.

At the first meeting there was only an overall rating. On a scale of 1(the worst) to 6(the best). The average rating is 5,46.

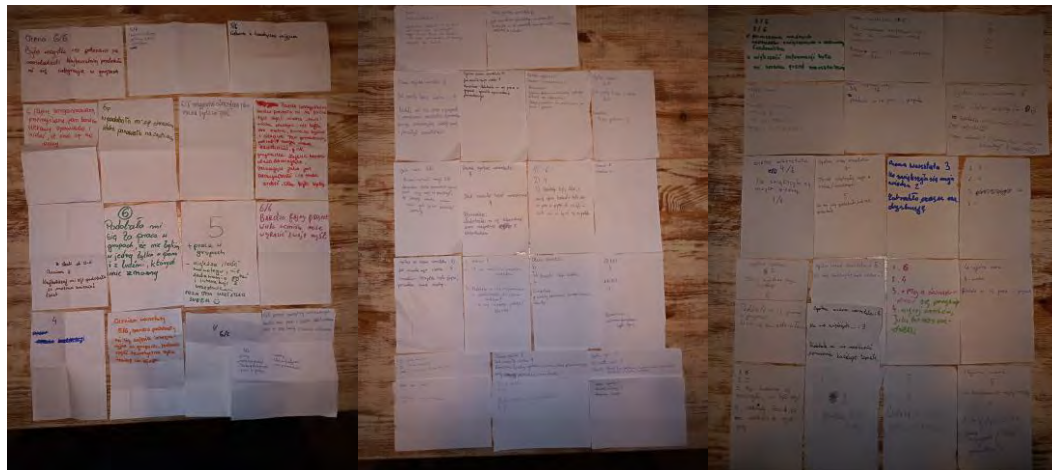
Other meetings. Overall evaluation of the workshop. On a scale of 1(the worst) to 6(the best). The average rating of 2 workshops is 4,5 and 5,323

How has your knowledge/awareness increased. On a scale of 1(the worst) to 6(the best). The average rating of 2 workshops is 3,3 and 3,425

**Open questions.** What did you like best? What was missing? What could be improved?

The young people usually praised the presentation and the graphics used in it, the lecturer and his way of speaking and explaining issues, the relaxed atmosphere, integration and group work, the possibility of expressing oneself freely on various topics. We touched on important topics.

Several people complain about the boring introduction to history (students from math class). Some lacked time when working in groups.



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| HISTORY OF CHANGES |                  |                            |
|--------------------|------------------|----------------------------|
| VERSION            | PUBLICATION DATE | CHANGE                     |
| 1.0                | 01.04.2022       | Initial version (new MFF). |
|                    |                  |                            |
|                    |                  |                            |