



YOU PART

Engage. Connect. Empower

COUNTING PARTS

FACTS

GOALS

MATERIALS

INSTRUCTIONS

ADDITIONAL INFORMATIONS

COUNTING PARTS

FACTS

Age of participants: 13+

Number of participants: 8-99

Duration: 5-15 minutes

GOALS

A playful way to form groups randomly.

MATERIALS

Sound system and microphone

INSTRUCTIONS

Step 1

You indicate a number of body parts.

Step 2

When the music is playing, the participants walk/dance freely around the room.

Step 3

When the music stops, they must run and form groups by matching the exact number of body parts you have specified.

-> *For example: 5 elbows. 5 different people must each bring an elbow together in a formation in which all elbows touch each other.*

Step 4

In the last round, indicate the number of participants you would like to have in each group as the number of body parts.

ADDITIONAL INFORMATIONS FOR THE FACILITATOR

Start with simple formations, e.g. if there are 5 participants in each group, you can ask them to form a creature with 8 legs and 2 arms. In this case, they will probably stand next to each other and wrap their arms around each other, leaving only two arms free, while 2 of them stand on only one leg. You can then make the task more challenging and let the participants come up with creative solutions.



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PROJECT PARTNERS



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