

NEWSLETTER

HIGHLIGHT

The 4th Newsletter of the Road2Freedom project is dedicated to different results and outcomes produced during the project, by the partner organizations, namely a) E-Learning and Training Platform, b) the finalized Road2Freedom training material uploaded on the platform, c) the interviews conducted with key stakeholders in all partner countries and d) as well as the short videos produced which promote the Road2Freedom documentary.

Road2Freedom E-Learning Platform

The Road2Freedom project is creating a brighter future for inmates and ex-inmates by equipping them with the skills they need to successfully reintegrate into society. Our eLearning platform is a key component of this initiative, providing trainers with valuable resources and a comprehensive guide on the “Leadership and Life Mastery” methodology. This proven method empowers inmates and equips trainers with the tools, methods and peer networking necessary for achieving these goals.

The Road2Freedom project goes beyond simply offering a training program by providing a dynamic and comprehensive eLearning platform. It fosters a supportive ecosystem that empowers both inmates and trainers, ultimately leading to a smoother and more successful reintegration process.

Website: <https://road2freedom.eu/>



Videos with interviews - Iceland

The videos feature interviews with stakeholders, professionals, prisoners, and ex-prisoners, all of whom emphasize the importance of shifting the perspective from penalty to recovery, rehabilitation, education, and empowerment. They agree that without this paradigm shift, we will not succeed in reducing recidivism or enhancing offenders' ability to engage in society and the labor market.

The videos will be published on the Road to Freedom youtube channel <https://www.youtube.com/@RoadToFreedomProject-wg7dd> as well as on the project website <https://road2freedom.eu/> when finalized.

We welcome your input and comments on the videos and are happy to answer any questions that may arise at quasar@quasar.is.



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Interview with Dr. Doris Kamara, Cyprus

Videos with interviews - Cyprus

The Social Policy and Action Organization contributed to the Road2Freedom Documentary with the production of videos with experts in Cyprus, namely Ms. Natasa Savvopoulou, Officer at the Policy Department of the Cyprus National Addictions Authority and Dr. Doris Kamara, Clinical Psychologist and Scientific Coordinator at the Adolescent and Young Adult Clinic. Also a Member of the Epadia Parole Board. Experts based on their experience, provided information on a) the difference between the people who after having been released from prison, remain out of prison and integrate into society from the people who eventually reoffend and return to prison, b) which factors/actions can adequately prepare someone for a law-abiding life after release, while still serving their sentence, as well as c) successful stories of (ex)prisoners who managed to re-integrate back into the society.

TPM Austria

On 18th and 19th April 2024, a transnational partners meeting took place in Vienna, Austria, with Südwind, acting as the host organization. The meeting was attended by 14 participants from 6 different countries. At the project meeting, a very strong focus was placed on the learnings and sustainability processes of the FROG trainings carried out by all partner organizations with (ex)prisoners.

Online Training Material

By providing online material, curriculum, handbook, and e-learning included, everyone working within the prison system can have access to become providers of the Road to Freedom program based on the lyk-z methodology.

This may potentially reach a huge number of people taking part in these programs.

It is also possible for inmates/ ex-inmates and peers to lead their own programs with a co-leader. There are numerous benefits of having a peer solution. Peers have knowledge and experience that they can share. They can be more patient and understanding since they are learning from each other. Learners are more comfortable with their peers, feeling that they can admit when they don't know something without fear of being judged or disappointing an authority figure.

By giving peers the opportunity to co-lead, this will also release time that staff would otherwise have to use by leading groups.

The programs could be an alternative for the duties the inmates have to undertake as part of their sentence and count as work hours- if possible. Providing them valuable experience of co-leadership, teaching skills, time management, curiosity, holding space for a group of others, self-management and much more.

For everyone taking part and who are especially interested – either as trainers or participants of the Road to Freedom program based on the lyk-z methodology, it is possible to qualify as certified FROG-trainers by attending an own certification program delivered by lyk-z & daughters.