

# NEWSLETTER

## HIGHLIGHT

### The Road to Freedom Project

We are happy to inform you about our new project for social change!

The Road to Freedom, is a 24-month Erasmus+ EU project that includes 6 organizations from 6 European countries working on a support program for inmates and ex-inmates in and after incarceration in prisons through proven FROG leadership and life-mastery training and peer mentoring.

**Aim:** The project aims to teach and implement methods to inmates and ex-inmates to break the vicious cycle of criminality and multiple prison stays through personal empowerment.

**Target Groups:** The project's target groups are firstly convicts and ex-convicts and secondly marginalized groups everywhere in the world as well as several stakeholders (such as trained peers).

## GLIMPSE INTO THE ROAD TO FREEDOM PROJECT



- **Project Reference:**  
2021-2-IS01-KA220-ADU-000049692
- **Start date** 01-03-2022
- **End date** 31-03-2024
- **Funded by:** Erasmus+
- **Action Type:** Cooperation partnerships in adult education
- **Partner Countries:**  
Iceland, Norway, Austria, Italy, Greece, Cyprus



## GOAL OF THE PROJECT

To empower and impart life enhancing skills to prisoners and ex-offenders to engage in community and the labor market during and after imprisonment through peer mentoring and online support network as well as an open resource training platform.



**ROAD TO  
FREEDOM**



**Co-funded by  
the European Union**



**All project results will be accessible on the open resource FREEDOM platform.**

## FUTURE PROJECT RESULTS

The Road to Freedom project will produce 4 project results, 6 multiplier events including a transnational final conference, various dissemination activities including 3 newsletters, several PR initiatives as well as 3 transnational partners meetings.

The 4 Project Results will include a methodological and situation analysis (R1), video-success stories and documentaries (R2), the FROG life-mastery and leadership training of trainers and pilot trainings for inmates and ex-inmates for empowerment (R3), as well as an open resource FREEDOM information and training platform with different methods, tools and peer networking (R4).

## LEARNING, TEACHING AND TRAINING ACTIVITY (LTTA)

From 05 to 14. September 2022, the lyk-z method of FROG leadership and life-mastery training was successfully held in Reykjavík – Iceland!

The aim of this training was for partners already working with inmates and ex-inmates to acquire knowledge on the FROG leadership and life-mastery training, with the aim to implement trainings to empower and to equip prisoners and ex-offenders with forward-looking and life-enhancing skills in each partner country.

Further on, the FROG leadership and life-mastery aims that inmates and ex-inmates receiving FROG training and peer-support will become peer supporters and perhaps also FROG coaches in the future further enhancing the FREEDOM network.

The training was - not least thanks to the generous and warm hospitality of Quasar, the lead organization - very fruitful and gave the opportunity for partners to meet face to face, thereby increasing the level of communication within the partnership throughout the project.